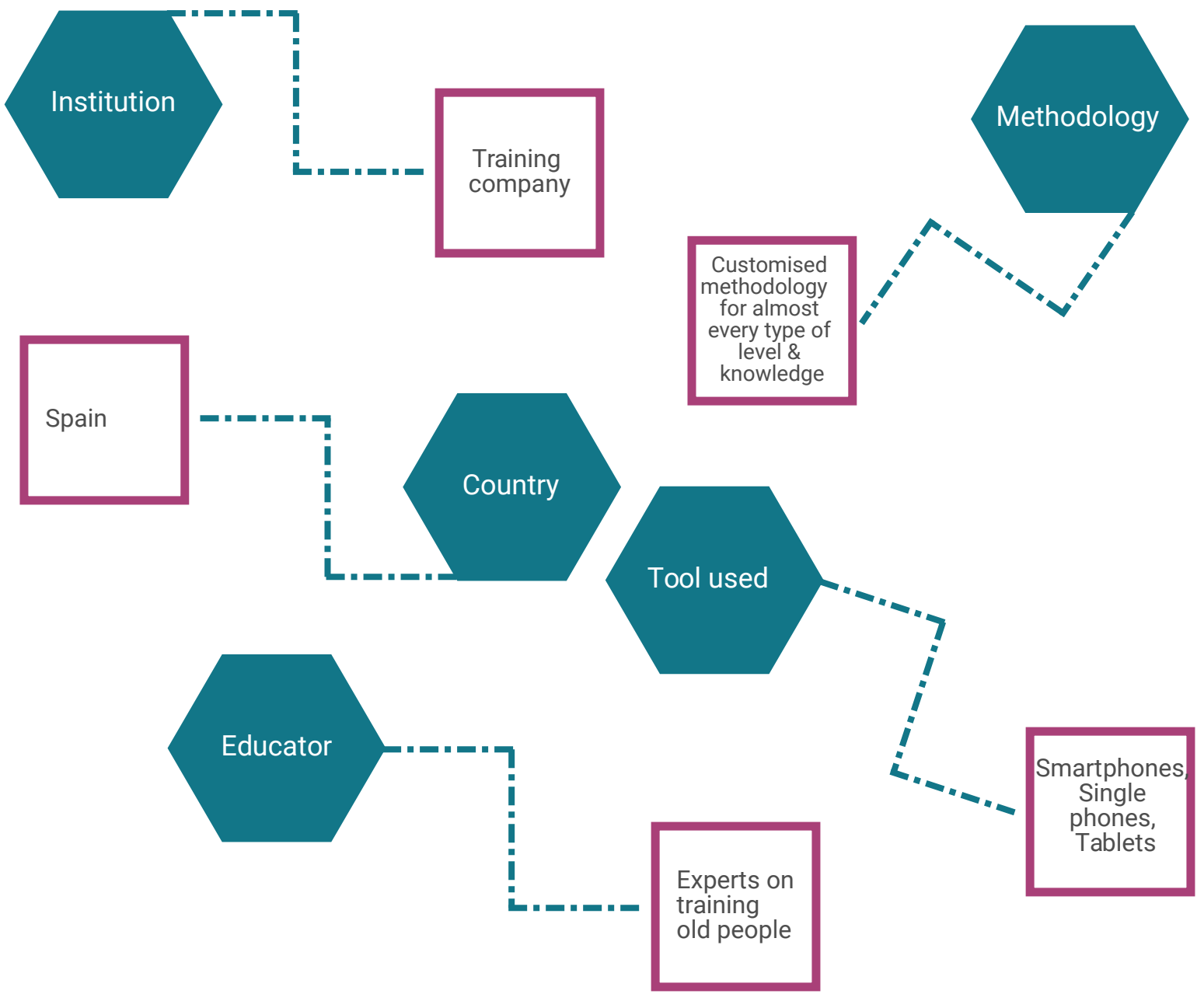




The name comes from Training (FORmación), old people (MAYores) and ICT (TIC) in Spanish. It is a set of F2F sessions in groups and/or individually, to get old people used on managing ICT devices such as Mobile Phones and tablets.



Main challenge, Key Success and Enabling Factors

- Learning how to use phones, smartphones and tablets to get into the digital society.
- Introduction to IOS and/or ANDROID systems both in phones and tablets.
- Getting rid of the typical fears some old people use to face when starting on this sector.

Lessons Learnt and Recommendations

- Customisation is crucial to get old people used and give them skills for the use of ICT devices. In general, is advised to investigate participants' knowledge and attitude priorly. Then, if necessary, the group has to be divided in people with similar lacks of knowledge.



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The coordinator



The partners



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